

**NUTMEG BMX, Inc.**  
**2010 POLICY & PROCEDURES**  
**applicable to all NBL affiliated tracks in Connecticut**

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1. In order to be an **officer in NUTMEG BMX, INC.**, he/she must be a resident of Connecticut.
2. The State Commissioner and members of his/her immediate family will receive **free racing** at all NUTMEG BMX, INC. tracks for single point races only.
3. Any track not represented at a State meeting must **abide by the vote** of a quorum present at the meeting.
4. Any committee that brings something **significantly new** to the State table to be voted on will not have the item voted on until the local track associations have enough time to review it. (A minimum of one meeting, approximately 30 days). This rule may be waived by a unanimous vote from all of those present at the meeting, provided that there is at least one representative at that meeting from each track.
5. If State funds fall short at year-end, there will be an **assessment** based upon ridership at the first 12 Nutmeg BMX, INC., season races of each track.
6. NUTMEG BMX, INC. **financial records** will be verified at the end of 2010 by an independent individual. ( according to NBL Rule book, Chapter 22 ).
- 6a All necessary papers will be filed with Secretary of State to satisfy 501c3 requirements to file Annual business reports with State and Federal with report to State BMX Association by May 15<sup>th</sup>. Tax return needs to be done by June
7. **Team Competition**
  - 1.) Team Racing
    - A. Team rosters are comprised of up to ten (10) riders.
    - B. Teams can be comprised of amateur riders only, no Elite or Super Ex.
    - C. Each original team roster must have a minimum of:
      - 1)Two (2) Novice (Boy Racer) or Rookie Riders (Boy or Girl Racer) or a combination of the two.
      - 2) And One (1) Girl (riding in the girls class) or Cruiser rider( Boy or Girl racer)
      - 3) An all girl ( riding in girl class) roster will be accepted.A Rider is not allowed to be a member of more than one (1) team, regardless of Classification.
    - D. Uniforms are optional, but teams should be identified in some form, such as shirts, Armbands, or plates.
    - E. A team roster must be registered with the state commissioner, or his/or her designated representative prior to the first race in which the team competes
    - F. A team roster must list the Riders name, NBL#, expiration date, age, class and Phone number.
    - G. Full team rosters, with any changes indicated by the team manager, will be submitted To the State Commissioner, or his/her designated representative, before each team race.
    - H. Riders can only change teams if their team is disbanded.

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- I. Riders may resign from a team, but cannot join another team for the remainder of the season.
- J. A team may drop a Rider from its roster under the following conditions: 1) A rider is injured and will not be able to participate in at least two team races.  
2) A rider moves or does not show up for two (2) consecutive team races.  
3) A rider may be removed by a Team Manager for unsportsmanlike conduct, as defined by the NBL rules.  
The Team Manager, prior to removal from the roster must contact the Rider and the State Commissioner. Once a Rider is removed, the Rider cannot be returned or added to any team roster for the rest of the racing season without review by the State Commissioner's office. Rider performance, changing of class, etc. are not reasons for removal from the roster.
- K. Team rosters will be frozen after completion of the 4<sup>th</sup> team race. No rider can be added after this time. **Final rosters in Blue.**
- L. Team race fees: All team race fees are to be paid in full when the team is registered. Total fees are \$200.00 per team, fees will not be prorated.  
Fee breakdown:
 

Team registration fee ( one time fee )	\$35.00/ team
Single Point Team Races (4)x	\$10.00/ team
Double Point Team Races (6)x	\$15.00/ team
Triple Point Team Races (1)x	\$20.00/ team
State Championship Race (1)x	\$15.00/ team
- M. A Rider may change classes from Cruiser to 20" or vice versa only once during a season before the fourth race. The State Referee and/or the State Commissioner must approve this change prior to racing in the new class.
- N. Each Rider or their Team Manager is responsible for making sure they are registered And paid for prior to the close of registration the day of the race.

## 2.) Team Scoring

- A. Teams must be registered and entry fees paid prior to the first moto.
- B. Scoring will be based on actual finish position in the motos, mains are not counted.
- C. The best five Rider scores are used the day of the race. Open class races will not be used. When team riders are in combined class, they *will not* be scored separately.
- D. Points are awarded based on the official moto sheet finishes using the following point system: 50 points for each first, 45 points for each second, 40 points for each third, 35 points for each fourth, 30 points for each fifth and 25 points for each sixth place finish in each moto. Multiple point races will use the appropriate multiplier for each score. **150 Bonus points for participation will be added when sheets are turned in. Score sheets in duplicate, one for team and one for clerk.**
- E. For team scoring purposes, if a Pro races in a team racer's moto, the Pro score will not be recognized for the team scoring (i.e. the first Amateur crossing the finish will be awarded 1<sup>st</sup>, etc.).
- F. Ties will be broken based on the most first place finishes of the best five Riders. If a tie still exists then the most second place finishes, etc. through sixth for best five Riders. If a tie still exists the best score of the alternates are compared one at a time until the tie is broken. If a tie still exists, then co-winners will be declared.
- G. Series Champion will be determined after **ten(10)** races plus the State Championship race are totaled. **Lowest double and lowest single will not be used.**
- H. The State Points Keeper will verify all team scores. Once verified, **the winning team of each race will receive trophy traders in the amount of \$25** given by the State Commissioner or State Treasurer. **The amount is the same for all races**

- I. The team racing series is self sufficient and is funded by the team racing fees.
  - J. Team Series awards will be awarded to team members and sponsor for all teams that competed in at least half the team series races plus the State Championship Race. Awards will be awarded at the State Awards Banquet.
  - K. If a team races with an illegal Rider, that teams points earned for the day will be forfeited. **Each team will receive a set of team rosters**
8. The **point season** for state plates is from May 1 to August 31, plus the State Championship Race.
  9. Each track should run a **minimum of 12 races** during this time.
  10. Each track should make up a **rainout** on the next possible make-up day. Each track must coordinate their make-up races with the State Commissioner, and **MUST** send a rainout race report with makeup date to the Treasurer. Write Rain Out on it
  11. **No changes to a track** are to be made one (1) race prior to a multiple point or State race. Don't add anything new, but a necessary correction is allowed.
  12. **Riders must be registered to be tech inspected.** No rider will be allowed to practice or race without first being registered and tech inspected.( **per NBL Rulebook**)
  13. Each track will prominently **display a sign** with the following NBL and Nutmeg BMX rules. The track may add any other rules, such as (i.e.) no smoking, no alcohol consumption. The following is the minimum:
    - 1) **All Riders must be registered to be tech inspected.**
    - 2) **All Riders must be tech inspected to practice or race.** Rider must be tech inspected on **both bikes**, if he/she rides both 20" and Cruiser. All Riders must be **in full gear to be inspected, including their helmet and readable plate.**
    - 3) A rider will not be allowed to race without a readable numberplate, with the Rider's correct number, attached to the bike.
    - 4) A Rider will not be allowed to practice or race without the necessary safety equipment as specified in the NBL Rule book, amongst which are:
      - A. A helmet in good condition, manufactured to meet or exceed recognized BMX bicycle safety standards. All helmets must be equipped with chinstraps, which must be properly secured when the helmet is in use. Helmet must cover more than one half (1/2) of the ear.
      - B. Mouth guards are required and must be used on all open face helmets. Mouth guards must be properly secured when helmet is in use.
      - C. A long sleeve shirt must be worn and **cover the elbow** it is **also** recommended that it be tucked in.
      - D. **Long pants are recommended. Loose pant legs must be wrapped, tied or clipped and cannot be rolled up. Short pants made of tear-resistant material are permitted if used together with knee and shin protection with a rigid surface. Applies to male and female. Knee must be covered. Per NBL rule Book**

- E. **Shoes with soles soft enough to grip a BMX-style pedal or clipless soled shoes must be worn. ( per NBL Rule Book)**
- F. **Other recommended equipment: knee pads with long pants, elbow pads, gloves and socks (per NBL Rule Book)**
- G. **MP3 players and all other portable audio devices are prohibited during the course of any activity, competition, practice, etc. on the track**
- 5) All participants in a sanctioned event, as well as those in their company, must behave in a sportsmanlike manner.
14. Open Wheels Class will be comprised of Riders age 16 and over. **Riders must race class first before racing in any Open.**
15. Any rider **calling to register** for a single point race because he/she will be late, **may** be put on the Moto Sheet as a courtesy.
16. Riders are to call in to have their names removed from the Moto Sheets if they cannot arrive in time to race. If the rider does not show or call in time to be removed from the Moto Sheets, the **rider will have to pay the race fee before he/she can race again in the State.** The Track Clerk **must** notify each track of this occurrence.
17. Should a **check be returned**, the rider will not be allowed to race in the State again until all debts are satisfied and then will be put on a cash only basis. The Track Clerk will notify each track of this occurrence.
18. Tracks will pay **\$0.60** per rider to NUTMEG BMX, INC., from May 1<sup>st</sup> to August 31<sup>st</sup> plus the State Championship race; for single point races; **\$2.75** per rider for double point races; **\$3.00** per rider for the triple point race and **\$3.25** per rider for the State Championship Race. Opens not included.
19. The **Points keeper** will be paid \$0.25 per rider through Nutmeg BMX for any race where state points are awarded. Opens and Nationals not included. Points keeper will provide weekly copy to all four tracks.  
Nutmeg BMX will send payment to points keeper and issue a 1099 form at tax time.
20. Fees and awards for **single point races** during the 2010 season are as follows and each track will host a **Warnicke Scholarship** race charging \$10 for award and \$7 for points only with regular awards or medallions. Tracks are encouraged to donate \$5 to Scholarship Fund.
- Entry fees: Single
- \$8.00 for “trophy or trader” with the family discount fee being \$7.00 after the 1<sup>st</sup> entry.
  - \$5.00 for “points only” races (no family discounts)
  - \$2.00 for “open class” races.
- Awards:
- Trophies / Traders will be given by moto finish place to Riders of the same proficiency in moto and given out as follows: No traders given with ribbons
- 2 Riders in moto = 1 trophy (or trader) /1 ribbon
  - 3 or 4 Riders in moto = 2 trophies (or traders) /1 or 2 ribbons

- 5 or 6 Riders in moto = 3 trophies (or traders)/ 2 or 3 ribbons

Traders:

Traders will be awarded in the following amounts:

- 1<sup>st</sup> = \$5.00
- 2<sup>nd</sup> = \$3.00
- 3<sup>rd</sup> = \$2.00
- 4<sup>th</sup> - 8<sup>th</sup> (for mains) = \$2.00

Trophies:

Trophy sizes will be as follows ( $\pm 1''$ ) for motos:

- 1<sup>st</sup> = 17'' - 18''
- 2<sup>nd</sup> = 15 - 17''
- 3<sup>rd</sup> = 11'' - 13''
- 4<sup>th</sup> - 6<sup>th</sup> = mini trophy
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Trophies sizes for Mains:

Trophy sizes will be as follows ( $\pm 1''$ ):

- 1<sup>st</sup> - 3<sup>rd</sup> = same as for motos
- 4<sup>th</sup> = 9'' - 11''
- 5<sup>th</sup> = 8'' - 10''
- 6<sup>th</sup> = 6'' - 8''
- 7<sup>th</sup> - 8<sup>th</sup> = mini trophy
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Award Rules:

- Any Rider that does not have enough Riders of his/her proficiency to make a moto and is combined in another moto that is a higher proficiency than his/hers will be given a proper award for his/her proficiency level.
- Tracks may, from time to time, give out larger trophies than specified above, for special events, such as "ugly trophy night", sponsored races, etc.
- The Rider may choose between a Trophy Trader and an award.

20. Fees and awards for **State Multiple Point Series** for the 2010 season are as follows:

**Double Point Races: All classes will have Main events.**

Move younger riders to beginning of race.

Entry Fees:

- \$15.00 for an award, with the family discount fee being \$14.00 after the 1<sup>st</sup> entry.
- \$8.00 for "points only" races (no family discounts).
- \$4.00 for "open class" race.
- All Double Point Races will be Pre-registration and must be accompanied by payment to register. Post registration is allowed the day of the race with a late fee of \$5 per entry. Anyone registering after posted registration time will only be put in an Open if time allows.

Awards:

Trophy sizes will be as follows:

- 1<sup>st</sup> = 22'' - 24''
- 2<sup>nd</sup> = 20'' - 22''
- 3<sup>rd</sup> = 18'' - 20''
- 4<sup>th</sup> = 18'' - 20''
- 5<sup>th</sup> - 8<sup>th</sup> = 17''
- Participation award = 8'' - for anyone paying "award" entry fee.

- Tracks will supply the awards.
- All multiple point race series awards will have a space reserved for the printing of state sponsors, Nutmeg BMX, etc.
- The Rider may choose a Trophy Trader instead of the award, but must specify it on the pre-registration form. If not indicated, a Trophy Trader will be awarded.
- Host track will determine a cut-off date for trophies, after which only Trophy Traders will be awarded. This cut-off date will be published on the registration forms.
- Any requested switch from a Trophy Trader to a Trophy (after the race) will be at the discretion of the Host track.
- Traders:

Traders will be awarded in the following amounts:

- 1<sup>st</sup> = \$8.00
- 2<sup>nd</sup> = \$5.00
- 3<sup>rd</sup> = \$3.00
- 4<sup>th</sup> - 8<sup>th</sup> (for mains) = \$3.00

**Triple Point Races: All classes will have Main events.**

Move younger riders to beginning of race

Entry Fees:

- \$16.00 for an award, with the family discount fee being \$15.00 after the 1<sup>st</sup> entry.
- \$10.00 for “points only” races (no family discounts).
- \$4.00 for “open class” race.
- The Triple Point Race will be Pre-registration and must be accompanied by payment to register. Post registration is allowed the day of the race with a late fee of \$5 per entry. Anyone registering after posted registration time will only be put in an Open if time allows.

Awards:

Trophy sizes will be as follows:

- 1<sup>st</sup> = 26” - 28”
- 2<sup>nd</sup> = 24” - 26”
- 3<sup>rd</sup> = 22” - 24”
- 4<sup>th</sup> = 20” - 22”
- 5<sup>th</sup> - 8<sup>th</sup> = 18”
- Participation award = 8” - for anyone paying “award” entry fee.
- The Rider may choose a Trophy Trader instead of the award, but must specify it on the pre-registration form. If not indicated, a Trophy Trader will be awarded.
- Host track will determine a cut-off date for trophies, after which only trophy traders will be awarded. This cut-off date will be published on the registration forms.
- Any requested switch from a trophy trader to a trophy (after the race) will be at the discretion of the Host track.

Traders:

Traders will be awarded in the following amounts:

- 1<sup>st</sup> = \$8.00
- 2<sup>nd</sup> = \$5.00
- 3<sup>rd</sup> = \$3.00
- 4<sup>th</sup> - 8<sup>th</sup> (for mains) = \$3.00

**State Championship Race: All classes will have Main events**Entry Fee:

- \$20.00 for awards, with the family discount fee being \$18.00 after the 1<sup>st</sup> entry.
- \$10.00 for “points only” races (no family discounts).
- \$4.00 for “open class” race, with no award.
- The State Championship Race will be Pre-registration **only and must** be accompanied by payment to register. Anyone registering on the day of the race may only enter an Open. State race will not be capped and is **Triple** Point value.

Awards:

- Trophies will be awarded by place with the 1st place trophy to be 28” and descending in size thereafter.
- The track will supply the award.
- The award will have a space reserved for the printing of state sponsors, Nutmeg BMX, etc.
- Participation award = 8” - for anyone paying “award” entry fee.

Traders:

Traders will be awarded in the following amounts:

- 1<sup>st</sup> = \$10.00
- 2<sup>nd</sup> = \$7.00
- 3<sup>rd</sup> = \$5.00
- 4<sup>th</sup> - 8<sup>th</sup> (for mains) = \$3.00

22. The **State Championship Race for 2010** will be in Trumbull. Contract between Nutmeg BMX, Inc. and Northwest Designs Ink, INC to provide shirts to Host track has come to an end. Track hosting the State Race will do a shirt and have spot to order shirt on Race Registration form with cut off date. Track will donate 10% of the net

**All classes will have Main Events. Younger riders will be moved to beginning**

- 1) **Trophy dash cup** (for 15 and 16 year olds): The track hosting the State Championship Race will inscribe name, date and track of winning rider and purchase a small cup for rider with same information. Dash will run at the discretion of the referee & clerk after checking with the riders.
  - 2) To determine “**State Plate**” winners, the best 10 races from May 1 through August 31 will be used. A maximum of 3 multiple point races may be used to make these 10. The State Championship Race will count and be added as the 11<sup>th</sup> race. A rider must race in Connecticut at least 10 times from May 1 through August 31 to be eligible to race in the State Championship Race. The State Championship Race is mandatory for a state plate. Age and proficiency are frozen for the State Championship Race in case of a rainout or cancellation. Self-upgrades of proficiency are not allowed from August 1<sup>st</sup> to the Grands for 2010. The State Championship Race is **triple point** value. Main finish at the State Championship Race will decide ties. Rider proficiency for the State Series will be frozen as of September 1, 2010 until the completion of the State Championship Race.
23. **State Banquet**
- 1) The State can use up to \$500.00 as a **deposit to reserve banquet facilities** for the Annual State Banquet. Banquet is reserved for the second Sunday in November

- 2) **2010 Banquet awards:** (based on item #8.) Top 10 Rookies, Novices, and Experts; Top 5 Male Cruisers (all classes); Top 5 Girls; Top 5 Female Cruisers. If a tie, go on to the next place. Jackets for 1<sup>st</sup> place in each proficiency . All class Riders that participate in the state race will receive a state number plate. Riders with top 10 positions will receive awards.
- 3) The State Commissioner will give a **Commissioner's Award** with input from the District Commissioners. District Commissioners will also submit names for Caruso & Morehouse award.
- 4) Tracks will present and pay for a **Sportsmanship Award**, supplied by the state, to an individual rider at the State Banquet. The inscription on all awards is to be the same. Each track will decide how to select their respective recipient.

